

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Pauw Bieke

Coaches: Vanderrijst Ananza

Coaches: De Ridder Elke

Coaches: Dierickx Kaat HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:1, starttime: 09:00
Heat: 1/8 Lane : 2 Athlete: COLPAERT LEONIE		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 00:52.35 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 09:03
Heat: 3/8 Lane : 5 Athlete: DE WINTER LORE		Q-time: 00:39:06
PB (50m pool): 00:39.06 Antwerpen 13/07/2025 PB (25m pool): 00:38.69 SB: 00:40.02 Lochristi 01/02/2026		
	5 0 M	
PB	00:39.06	
	00:39.06	
		

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 09:03
Heat: 3/8 Lane : 8 Athlete: VANDERSCHAE GHE ELLA		Q-time: 00:41:59
PB (50m pool): no time PB (25m pool): 00:40.44 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+						Heat:5, starttime: 09:06	
Heat: 5/8 Lane : 3 Athlete: COLPAERT JULIE						Q-time: 00:33:99	
PB (50m pool): 00:33.99 Antwerpen 15/03/2026						PB (25m pool): 00:34.39 SB: 00:33.99 Antwerpen 15/03/2026	
	5 0 M						
PB	00:33.99						
	00:33.99						
							

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+							Heat:6, starttime: 09:07		
Heat: 6/8 Lane : 1 Athlete: Taelman Yade							Q-time: 00:33:58		
PB (50m pool): 00:33.58 Antwerpen 15/03/2026							PB (25m pool): 00:33.45 SB: 00:33.58 Antwerpen 15/03/2026		
	5 0 M								
PB	00:33.58								
	00:33.58								
									

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:8, starttime: 09:20		
Heat: 8/8 Lane : 8 Athlete: VAN NEER LOWIEK							Q-time: 00:30:78		
PB (50m pool): 00:30.78 Antwerpen 15/03/2026							PB (25m pool): 00:30.77 SB: 00:30.78 Antwerpen 15/03/2026		
	5 0 M								
PB	00:30.78								
	00:30.78								
									

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+							Heat:2, starttime: 09:24	
Heat: 2/8 Lane : 4 Athlete: COWIE EMMA							Q-time: 00:47:03	
PB (50m pool): no time							PB (25m pool): 00:48.97 SB: no time	
	5 0 M							
PB	no time							
	no time							
								

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 09:26
Heat: 3/8 Lane : 4 Athlete: THIELEMANS MAXINE		Q-time: 00:41:59
PB (50m pool): 00:49.21 Aalst 28/04/2024		PB (25m pool): no time SB: no time
	5 0 M	
PB	00:49.21	
	00:49.21	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 09:26
Heat: 3/8 Lane : 6 Athlete: COWIE LORE		Q-time: 00:42:46
PB (50m pool): 00:44.50 Wachtebeke 12/05/2024		PB (25m pool): 00:39.12 SB: no time
	5 0 M	
PB	00:44.50	
	00:44.50	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:4, starttime: 09:27
Heat: 4/8 Lane : 6 Athlete: VAN GOETHEM LOTTE		Q-time: 00:40:46
PB (50m pool): 00:52.44 Aalst 30/04/2023		PB (25m pool): 00:40.13 SB: no time
	5 0 M	
PB	00:52.44	
	00:52.44	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:7, starttime: 09:32
Heat: 7/8 Lane : 8 Athlete: TAELEMAN YADE		Q-time: 00:36:54
PB (50m pool): 00:36.54 Lochristi 01/02/2026		PB (25m pool): 00:36.17 SB: 00:36.54 Lochristi 01/02/2026
	5 0 M	
PB	00:36.54	
	00:36.54	
		

Coach feedback:

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Event number: 4: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 09:38
Heat: 2/5 Lane : 3 Athlete: VANDERSCHAEGHE DAAN			Q-time: 00:45:58
PB (50m pool): 00:43.79 Aalst 28/04/2024			PB (25m pool): 00:43.00 SB: no time
	5 0 M		
PB	00:43.79		
	00:43.79		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 09:41
Heat: 4/5 Lane : 3 Athlete: VAN DE VIJVER NIELS			Q-time: 00:31:65
PB (50m pool): 00:31.65 Antwerpen 13/07/2025			PB (25m pool): 00:31.36 SB: no time
	5 0 M		
PB	00:31.65		
	00:31.65		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 09:41
Heat: 4/5 Lane : 8 Athlete: HAECK RUNE			Q-time: 00:37:51
PB (50m pool): 00:37.51 Lochristi 01/02/2026			PB (25m pool): no time SB: 00:37.51 Lochristi 01/02/2026
	5 0 M		
PB	00:37.51		
	00:37.51		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 09:43
Heat: 5/5 Lane : 7 Athlete: TAEELMAN YANN			Q-time: 00:34:92
PB (50m pool): 00:34.92 Antwerpen 13/07/2025			PB (25m pool): 00:35.94 SB: 00:36.02 Lochristi 01/02/2026
	5 0 M		
PB	00:34.92		
	00:34.92		
			

Coach feedback:

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Event number: 9: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 10:48
Heat: 4/4 Lane : 8 Athlete: DE MEY AURORA					Q-time: 02:53:55
PB (50m pool): 03:21.78 Antwerpen 14/07/2024					PB (25m pool): 02:49.46 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:21.78	
	no time				
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:2, starttime: 10:56
Heat: 2/3 Lane : 1 Athlete: HEYNZE OTIS					Q-time: 03:15:92
PB (50m pool): no time					PB (25m pool): 03:08.16 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 11:27
Heat: 2/5 Lane : 5 Athlete: MAES LENA					Q-time: 00:49:44
PB (50m pool): 00:49.44 Antwerp 02/02/2025					PB (25m pool): 00:51.72 SB: no time
	5 0 M				
PB	00:49.44				
	00:49.44				
					

Coach feedback:

Event number: 15: 50M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 11:28
Heat: 3/5 Lane : 6 Athlete: DE MEY AURORA					Q-time: 00:43:22
PB (50m pool): 00:43.22 Lochristi 01/02/2026					PB (25m pool): 00:42.58 SB: 00:43.22 Lochristi 01/02/2026
	5 0 M				
PB	00:43.22				
	00:43.22				
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: SWEM

Event number: 15: 50M BREASTSTROKE WOMEN 11+		Heat:3, starttime: 11:28
Heat: 3/5 Lane : 8 Athlete: VAN GOETHEM LOTTE		Q-time: 00:47:22
PB (50m pool): 00:54.23 Aalst 28/04/2024		PB (25m pool): no time SB: no time
	5 0 M	
PB	00:54.23	
	00:54.23	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+		Heat:2, starttime: 11:34
Heat: 2/5 Lane : 1 Athlete: VANDERSCHAEGHE DAAN		Q-time: 00:51:84
PB (50m pool): no time		PB (25m pool): 00:49.40 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+		Heat:2, starttime: 11:42
Heat: 2/9 Lane : 4 Athlete: COWIE EMMA		Q-time: 00:37:73
PB (50m pool): 00:37.73 LOCHRISTI 25/01/2026		PB (25m pool): 00:38.68 SB: 00:37.73 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:37.73	
	00:37.73	
		

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+		Heat:2, starttime: 11:42
Heat: 2/9 Lane : 7 Athlete: COLPAERT LEONIE		Q-time: 00:41:60
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: SWEM

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:3, starttime: 11:43	
Heat: 3/9 Lane : 2 Athlete: MAES LENA					Q-time: 00:35:46		
PB (50m pool): 00:35.46 Lochristi 01/02/2026						PB (25m pool): 00:34.64 SB: 00:35.46 Lochristi 01/02/2026	
	5 0 M						
PB	00:35.46						
	00:35.46						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:3, starttime: 11:43	
Heat: 3/9 Lane : 4 Athlete: VANDERSCHAEGHE ELLA						Q-time: 00:34:40	
PB (50m pool): 00:37.59 Aalst 28/04/2024						PB (25m pool): 00:33.67 SB: no time	
	5 0 M						
PB	00:37.59						
	00:37.59						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+					Heat:3, starttime: 11:43	
Heat: 3/9 Lane : 7 Athlete: THIELEMANS MAXINE					Q-time: 00:35:91	
PB (50m pool): 00:52.32 WACHTEBEKE 15/01/2023					PB (25m pool): 00:39.17 SB: no time	
	5 0 M					
PB	00:52.32					
	00:52.32					
						

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:4, starttime: 11:45	
Heat: 4/9 Lane : 3 Athlete: DE WINTER LORE						Q-time: 00:33:16	
PB (50m pool): 00:33.16 Antwerpen 13/07/2025						PB (25m pool): 00:34.10 SB: no time	
	5 0 M						
PB	00:33.16						
	00:33.16						
							

Coach feedback:

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Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:6, starttime: 11:47	
Heat: 6/9 Lane : 7 Athlete: COWIE LORE						Q-time: 00:31:76	
PB (50m pool): 00:31.76 Lochristi 01/02/2026						PB (25m pool): 00:31.42 SB: 00:31.76 Lochristi 01/02/2026	
	5 0 M						
PB	00:31.76						
	00:31.76						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+										Heat:6, starttime: 11:47	
Heat: 6/9 Lane : 8 Athlete: COLPAERT JULIE										Q-time: 00:31:81	
PB (50m pool): 00:31.81 Lochristi 01/02/2026										PB (25m pool): 00:31.43 SB: 00:31.81 Lochristi 01/02/2026	
	5 0 M										
PB	00:31.81										
	00:31.81										
											

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+							Heat:3, starttime: 11:55	
Heat: 3/9 Lane : 8 Athlete: HEYNZE OTIS							Q-time: 00:35:68	
PB (50m pool): no time							PB (25m pool): 00:36.85 SB: no time	
	5 0 M							
PB	no time							
	no time							
								

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+						Heat:4, starttime: 11:57	
Heat: 4/9 Lane : 6 Athlete: HAECK RUNE						Q-time: 00:31:77	
PB (50m pool): 00:31.77 Lochristi 01/02/2026						PB (25m pool): 00:32.20SB: 00:31.77 Lochristi 01/02/2026	
	5 0 M						
PB	00:31.77						
	00:31.77						
							

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: SWEM

Event number: 18: 50M FREESTYLE MEN 11+		Heat:5, starttime: 11:58
Heat: 5/9 Lane : 6 Athlete: TAE LMAN YANN		Q-time: 00:29:40
PB (50m pool): 00:29.40 Antwerpen 13/07/2025		PB (25m pool): 00:28.78 SB: no time
	5 0 M	
PB	00:29.40	
	00:29.40	
		

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+		Heat:6, starttime: 11:59
Heat: 6/9 Lane : 3 Athlete: VAN NEER LOWIEK		Q-time: 00:28:17
PB (50m pool): 00:28.17 LOCHRISTI 25/01/2026		PB (25m pool): 00:29.79 SB: 00:28.17 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:28.17	
	00:28.17	
		

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+		Heat:7, starttime: 12:00
Heat: 7/9 Lane : 2 Athlete: VAN DE VIJVER NIELS		Q-time: 00:26:98
PB (50m pool): 00:26.98 Antwerpen 13/07/2025		PB (25m pool): 00:26.68 SB: no time
	5 0 M	
PB	00:26.98	
	00:26.98	
		

Coach feedback: